

- > 4043 MG BCAA-s
- > 98-99% PROTEIN SYNTHESIS
- > SUGAR-FREE

DESCRIPTION

MPS AMINOS is composed of the famous "9" essential amino acids (EAA-s). Essential amino acids, as the name implies, are necessary for a good functionality of the organism and because they cannot be synthesized by the organism itself, it is necessary to ingest them through the diet through food or food supplements.

MPS AMINOS contains the "MASTERS" amounts of each of the 9 essential amino acids (including BCAA-s) as support for muscle protein synthesis (MPS) which gives it a perfect "PATTERN" of activity.

It has been shown that MPS activity is regulated through training and nutrition. Through nutrition, the intake of essential amino acids in free form has a much faster bioavailability and intestinal absorption (only in a matter of minutes) than other sources of food proteins that require a digestion of more than 3 hours.

In addition, **MPS AMINOS** supports the equilibrium in the nitrogen balance by maintaining it at high levels and with almost total protein synthesis (98-99%) due to the almost zero production of nitrogen waste, unlike food proteins that barely reach 16% (National Research Council. 1989. Recommended Dietary Allowances). **MPS AMINOS** "does NOT contain SUGAR" so it is highly recommended for those who are on a diet and do not want to ingest additional calories to achieve their goals whether they seek a •maintenance or growth of muscle mass depending on their physical activity / diet or even better recovery from physical exercise.

• These statements have been evaluated by the European Food Safety Agency (EFSA) and approved by the European Commission.

DIRECTIONS

Mix one dose (10,5 g) daily in 250 ml of water.

PRESENTATION

315 g.

FLAVOURS

Pink Lemon / Cherry Lime



INGREDIENTS



PINK LEMON:

L-Leucine, flavors, L-Valine, L-Isoleucine, L-Lysine hydrochloride, L-Phenylalanine, L-Threonine, acid (citric acid), L-Histidine, lemon powder, L-Methionine, L-Tryptophan, colour (beetroot red), anti-caking agent (silicon dioxide), sweetener (sucralose), emulsifier (*soy* lecithin), colour (curcumin), pyridoxine hydrochloride (Vitamin B6). ALLERGENS: Contains *soy*. May contain traces of *gluten, milk, egg, sulphur dioxide and sulphites, fish, molluscs and crustaceans.*

CHERRY LIME:

L-Leucine, flavors, L-Valine, L-Isoleucine, L-Lysine hydrochloride, L-Phenylalanine, L-Threonine, L-Histidine, acids (citric acid, malic acid), L-Methionine, colour (beetroot red), L-Tryptophan, anti-caking agent (silicon dioxide), sweetener (sucralose), emulsifier (*soy* lecithin), pyridoxine hydrochloride (Vitamin B6). ALLERGENS: Contains *soy*. May contain traces of *gluten, milk, egg, sulphur dioxide and sulphites, fish, molluscs and crustaceans.*

WARNINGS: Store in a cool and dry place. Heat and sunlight may damage the bottle. Keep out of the reach of children. Don't exceed the recommended daily dose. Food supplements should not be used as a substitute for a balanced diet. It should not be consumed by pregnant women or children and in any case for prolonged periods of time without medical supervision, or by those people who are being treated with antidepressants or who suffer renal failure.

NUTRITIONAL INFORMATIONAmount per dose10	5 0
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Essential amino acids 7566 - Of which:	ò mg
L-Leucine2000L-Valine108-L-Isoleucine955L-Lysine HCL955L-Phenylalanine91-L-Threonine83-L-Histidine500L-Methionine200) mg 4 mg 9 mg 9 mg 7 mg 4 mg 9 mg 5 mg
Vitamin B6 *(100%) 1,4	l mg
*%NRV (Nutrient reference values)	
Recommended daily dose: 10,5 g (1 scoop). Dose per container: 30	
DIRECTIONS : Mix one dose (10,5 g) daily in 250 ml of water.	