

# NIGHT-TIME PROTEIN

80% MICELLAR CASEIN  
SLOW DIGESTING SUPPORTS  
FORTIFIED WITH DIGEZYME®



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## DESCRIPTION

**MC8** is a milk protein concentrate with 80% micellar casein. The micellar casein is unique since its digestion is very slow, which provides a release of the same during a sustained period of 8 to 10 hours from its ingestion. **MC8** is the perfect protein to dampen muscle catabolism during the night-time sleep period. A portion of 30g of **MC8** before sleep will allow us to contribute to the maintenance of our muscle mass.

**MC8** is based on the patented technology of Digezyme® which is a multi-enzymatic compound of 5 enzymes (alpha-amylase, neutral protease, cellulase, lactase, lipase). Digestive enzymes are responsible for breaking blocks of macromolecules such as proteins in simple chains of amino acids, facilitating the absorption of these amino acids. In this way Digezyme® facilitates digestion as it accelerates the digestive process.

In conclusion, **MC8** is a milk protein concentrate of slow assimilation and excellent digestion ideal to take before sleep.

## INGREDIENTS

93% **Milk** protein concentrate [80% Micellar casein (**milk**), 20% whey protein (**milk**)], defatted cocoa powder, flavor, emulsifier (**soy** lecithin), sodium chloride, sweeteners (acesulfame k, sucralose), Digezyme® multienzymatic complex (maltodextrin, alpha-amylase, neutral protease, cellulase, lactase, lipase). **ALLERGEN INFORMATION:** Contains milk derivatives and soy. May contain traces of gluten, egg, sulfur dioxide, sulphites, molluscs, crustaceans and fish. Store in a cool, dry place. Heat and sunlight may damage the bottle. Use this product as part of a healthy, balanced diet, not as a substitute for such. Keep out of reach of children.

## DIRECTIONS

Mix a portion (30g = 1 scoop) in 300 ml of water or skimmed milk.

## PRESENTATION

900 g. **FLAVOURS:** Chocolate.

### NUTRITIONAL INFORMATION

	100g	30g	RI%*(30g)
Energy	1532.63 KJ 366.66 Kcal	459.79 kJ 110 Kcal	5.47%
Fat	2.5 g	0.75 g	1,07%
- Of which saturates	0.5 g	0.15 g	0.75%
Carbohydrates	11.5 g	3.45 g	1.33%
- Of which sugars	3.5 g	1.05 g	1.17%
Proteins	74.54 g	22.36 g	44.72%
Salt	1.50 g	0.45 g	7.50%
Digezyme® (Multienzyme complex)	150 mg	45 mg	-

\*RI% Reference intake of an average adult (8400 kJ/2000 kcal)

### PROFILE OF AMINO ACIDS 100G

Alanine	2.65 g	Lysine**	6.62 g
Arginine	3.31 g	Methionine**	2.48 g
Aspartic Acid	5.38 g	Phenylalanine**	4.06 g
Cysteine	0.66 g	Proline	8.11 g
Glutamic acid	14.32 g	Serine	4.06 g
Glycine	1.32 g	Threonine**	3.81 g
Histidine**	3.81 g	Tryptophan**	1.57 g
Isoleucine**	4.22 g	Tyrosine	3.81 g
Leucine**	7.70 g	Valine**	5.13 g

\*\* Essential amino acids