## LARGININE



MEGA DOSE ARGININE

# PRECURSOR OF NITRIC OXIDE



### INCREASES VASODILATION

#### **DESCRIPTION**

**L-ARGININE** has an essential metabolic role in the formation of nitric oxide (NO). Nitric oxide is a gas that has vasodilatory effects increasing blood flow. In 1987 it was discovered that the human body produces small amounts of NO from the amino acid arginine. That is why L-arginine being a precursor of NO, is a supplement widely used in strength sports and resistance for an extra contribution of this amino acid.

These physiological reactions allow an increase of blood passage to the muscular zones that take part in the training allowing a greater contribution of oxygen and nutrients, in addition to a greater muscular congestion.

The use of **L-ARGININE** is highly recommended to be taken as a pre-workout supplement and / or as a recovery supplement before bedtime.

#### **PRESENTATION**

Jar of 300 g. Unflavored.

#### **INGREDIENTS**

L-arginine hydrochloride (HCL). **WARNINGS**: Keep out of the reach of children. Don't exceed the recommended daily dosage. Use this product in conjunction with food as part of a healthy, balanced diet, not as a substitute for such. Store in a cool, dry place. Heat and sunlight may damage the bottle.

#### **DIRECTIONS**

Take a daily dose (3 g) with 150ml of water.

#### **NUTRITIONAL INFORMATION**

Amount per dose	Per 3 g
L-arginine hydrochloride (HCL)	3 g

Recommended daily dose: 3 g (1/2 scoop).

Dose per container: 100