

MSM • CURCUMA CURSOL™ • HYALURONIC ACID • BOSWELLIA SERRATA • VITAMIN C • MANGANESE

VITAMIN C contributes to normal collagen formation for the normal function of cartilage **MANGANESE** contributes to the maintenance of normal bones

DESCRIPTION

FLEXIN is an advanced formula for people who attach great importance to an active lifestyle and healthy joints. **FLEXIN** is composed of 7 ingredients:

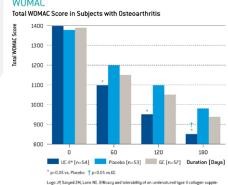


1. UC-II® is a patented cartilage from chicken sternum with undenatured native Type-II collagen content with several published scientific studies. Type-II collagen is found mostly in human cartilage in the form of small fibrils resistant to intermittent pressure. UC-II®, being a undenatured collagen-Type-II, requires a small daily dose of 40 mg in a unique dose unlike other denatured type-II collagens of which larger amounts are required. In addition UC-II® having a structure similar to human cartilage remains bioactive upon reaching the stomach being recognized by the immune system and activating the cartilage's own production in the body.

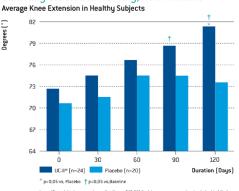
In a study conducted, the efficacy and tolerability of UC-II® for pain and symptoms associated with osteoarthritis of the knee (OA). Three groups of adult subjects were selected. The first group was given a daily dose in a single 40 mg dose of UC-II®. The second group was given a placebo and the third group took a daily dose of 1500 mg of glucosamine + 1200 mg of chondroitin sulfate. The results at 180 days showed in the group that UC-II® was administered a significant reduction in the total score of WOMAC (total osteoarthritis index) compared to placebo and the glucosamine+chondroitin group, besides it improved the symptoms of the knee joint in subjects with osteoarthritis of the knee being well tolerated.

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Statistically significantly more effective than Glucosamine plus Chondroitin as Measured by WNMAC *



Clinically Studied in Healthy, Active Adults



Luge JP, et al. Undernatured type II collagen [UC-II*] for joint support: a randomized, double-blind, placebo-controlled study in healthy volunteers. J Int Soc Sports Nutr. 2013;10:48.



- 2. CURSOL™ is a patented extract of Curcuma longa L. with a much higher solubility than any other turmeric extract. CURSOL™ is soluble in 29.68% unlike other famous extracts that obtain a maximum of 0.97%. This makes the bioavailability much greater.
- **3. Boswellia serrata** extract with 65% boswellic acids that complements the action of turmeric.
- 4. Methylsulfonylmethane (MSM) is an organic compound containing sulfur (34%), highly stable, present in small quantities in a wide variety of fruits, vegetables, grains of cereals, meat, eggs and fish. MSM is widely used in the treatment of joints.
- **5. Hyaluronic acid** is a high molecular weight polysaccharide (glycosaminoglycan) produced mainly by

- fibroblasts and other specialized connective tissue cells. It is an important glycosaminoglycan in joint homeostasis and is present in different concentrations in cartilage and skin.
- 6. Manganese that contributes to the maintenance of bones under normal conditions and normal connective tissue formation.*
- 7. Vitamin C that contributes to the normal formation of collagen for the normal functioning of bones and cartilage.*
 - * These statements have been evaluated by the EFSA (European Food Safety Authority) and approved by the European Commission.

INGREDIENTS

Methylsulfonylmethane (MSM), maltodextrin, bovine gelatin, CURSOL™ curcuma Longa L. extract (rhizome) 2,1% curcuminoids, boswellia Serrata extract (resin) 65% boswellic acids 6:1, L-ascorbic acid (Vitamin C), sodium hyaluronate, UC-II® standardized cartilage chicken sternum powder [providing 10 mg of total collagen, including undenatured native type-II], anti-caking agents (magnesium salts of fatty acids, silicon dioxide), manganese sulphate.

WARNINGS: Store in a cool, dry place. Heat and sunlight may damage the bottle. Keep out of the reach of children. Use this product in conjunction with food as part of a healthy, balanced diet, not as a substitute for such. Don't exceed the recommended daily dosage. May contain traces of gluten, milk, egg, celery, soy, fish, molluscs and crustaceans.

PRESENTATION

Box with 60 capsules. Net Weight: 52,08 G

DIRECTIONS

Take a daily dose (2 capsules) after breakfast.

NUTRITIONAL INFORMATION

Amount per dose	2 capsules
Methylsulfonylmethane (MSM)	500 g
CURSOL™ Curcuma Longa L. Extract	200 g
Boswellia serrata extract	200 g
Vitamin C	60 mg (75%)*
Hyaluronic acid	50 mg
UC-II® Standardized Cartilage Total collagen	40 mg 10 mg
Manganése	2 mg (100%)*
*%NRV (Nutrient reference values)	
Recommended daily dose: 2 capsules.	

Dose per container: 30