

CO-Q10

- ✓ **COENZYME Q10**
- ✓ **NORMAL FUNCTIONING OF THE BRAIN**
- ✓ **120 MG PER DAY**

DESCRIPTION

Coenzyme Q-10 is a powerful antioxidant that is naturally present in almost all cells of the human body, mainly mitochondria. As we get older, the production of this nutrient in the body decreases, making its consumption even more important.

HERO TECH NUTRITION® CO-Q10 provides 120 mg of Coenzyme Q-10 per daily dose.

Coenzyme Q10 is necessary for energy metabolism and the transformation of food into physiological energy, it is also compatible with the production of energy.

CO-Q10 keeps a healthy heart. It can help maintain a healthy blood pressure and maintain healthy cholesterol levels

Provides energy / Stimulates psychic activity and improves the capacity of intellectual effort. / Increase intracellular energy mechanisms. / Help during periods of convalescence. / It brings energy in periods of prolonged physical and intellectual effort, in acute or chronic fatigue. / Prevents fatigue and sustains the effort of the body in periods of stress / Improves the quality of life of people with heart disease. / Increases resistance to stress and reduces the frequency and intensity of heart pain.

Coenzyme Q10 can help maintain healthy brain function.

All these healthy properties have been evaluated and approved by the EFSA (European Food Safety Authority).

INGREDIENTS

Sunflower oil, bovine gelatin, humectant (glycerol), coenzyme Q10, thickener (E471), emulsifier (**soy** lecithin), colour (red iron oxide), antioxidants (E306, E304i, E310). **Allergens:** Contain **soy**. **WARNINGS:** Store in a cool, dry place. Heat and sunlight may damage the bottle. Keep out of the reach of children. Use this product in conjunction with food as part of a healthy, balanced diet, not as a substitute for such. Don't exceed the recommended daily dosage.



DIRECTIONS

Take a daily dose (4 capsules) distributed with meals.

PRESENTATION

120 capsules.

NUTRITIONAL INFORMATION

Amount per dose	4 capsules
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Coenzyme Q10	120 mg
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Recommended daily dose: 4 capsules
Dose per container: 30