



CLA





CONJUGATED LINOLEIC ACID

DESCRIPTION

CLA of **HERO TECH NUTRITION®** is a mixture that combines different types of linoleic acid from safflower oil, which gives it its name of conjugated linoleic acid.

Conjugated linoleic acid is a fatty acid and has an important role in the regulation of body fat deposits allowing the loss of fat without affecting muscle tone. Linoleic acid helps maintain normal blood cholesterol levels.

In addition CLA in combination with physical exercise helps us reduce fat while maintaining muscle tone and favoring its definition.

INGREDIENTS

Safflower oil (Carthamus tinctorius L.: seed 80% conjugated linoleic acid), bovine gelatin, humectant (glycerol), colours (E 172: black iron oxide, red iron oxide). WARNINGS: Store in a cool, dry place. Heat and sunlight may damage the bottle. Keep out of the reach of children. Use this product in conjunction with food as part of a healthy, balanced diet, not as a substitute for such. Don't exceed the recommended daily dosage.

DIRECTIONS

Take a daily dose (4 capsules) distributed with meals.



PRESENTATION

100 capsules.

NUTRITIONAL INFORMATION

Amount per dose

4 capsules

Safflower oil

4000 mg

- 80% Conjugated linoleic acid (CLA)

3200 mg

Recommended daily dose: 4 capsules

Dose per container: 25