

CHROMIUM PICOLINATE

- ✓ **MAINTENANCE OF NORMAL BLOOD GLUCOSE LEVELS**
- ✓ **200 MCG CHROMIUM**

DESCRIPTION

Chromium is a mineral that plays a very important role in the physiological functions of our organism. **HERO TECH NUTRITION**® offers us a chrome product of the highest quality in its chromium picolinate form.

One of the most important functions of the intake of chromium picolinate as a dietary supplement is the reduction of appetite, which will help us during those periods when we are dieting. In addition, chromium helps maintain normal blood glucose levels because insulin levels keep them stable even when we eat foods rich in carbohydrates. In addition, the chromium has the following properties:

- Promotes lipid catabolism and carbohydrates, helping to maintain body weight.*
- Chromium contributes to the normal macronutrient metabolism.*
- Contributes to the maintenance of normal blood glucose levels.

*These statements have been evaluated and approved by the EFSA (European Food Safety Authority) and approved by the European comisión.

INGREDIENTS

Maltodextrin, bovine gelatin, anti-caking agent (E 470b), colour (E 171), chromium picolinate. **WARNINGS:** Store in a cool, dry place. Heat and sunlight may damage the bottle. Keep out of the reach of children. Use this product in conjunction with food as part of a healthy, balanced diet, not as a substitute for such. Don't exceed the recommended daily dosage. May contain traces of **gluten, milk, egg, soy, sulphites, fish and crustaceans.**

DIRECTIONS

Take a daily dose (1 capsule) with a meal.



PRESENTATION

100 capsules.

NUTRITIONAL INFORMATION

Amount per dose	1 capsule	*%NRV
Chromium	200 µg	500%
*%NRV (Nutrient reference values)		
Recommended daily dose: 1 capsule		
Dose per container: 100		