

L-CARNITINE TARTRATE

HELP FATTY ACIDS OXIDATION



SUPPORT TRANSFER OF FATS TO MUSCLE TISSUE



DESCRIPTION

L-carnitine (β -hydroxy-g-trimethylamino-butyrate) is a derivative of the amino acids L-lysine and L-methionine. It is widely distributed in all tissues of mammals and is very abundant in muscle tissue.

L-carnitine is the amino acid that plays an important role in energy metabolism, since it is responsible for facilitating the entry of long-chain fatty acids into the mitochondrial matrix, where they are oxidized, thus obtaining energy.

CARNIMAX has been elaborated from the most pure **L-carnitine Carnipure**® **of Lonza Ltd.**, with an amount of 1000 mg per capsule.

It is advisable to take a dose of **CARNIMAX** 60 minutes before exercising since the energy demand will mobilize the fatty acids during the activity.

DIRECTIONS

Take a daily dose (2 capsules) 60 minutes before training.

PRESENTATION

Jar of 60 capsules.

INGREDIENTS

L-carnitine tartrate (CARNIPURE®), gelatin bovine, bulking agente (E170), anti-caking agents (E470b, E551), colour (E171). **WAR-NINGS**: Store in a cool, dry place. Heat and sunlight may damage the bottle. Keep out of the reach of children. Use this product in conjunction with food as part of a healthy, balanced diet, not as a substitute for such. Don't exceed the recommended daily dosage. *May contain traces of gluten, milk, egg, soy,*

NUTRITIONAL INFORMATION

sulphites, fish and crustaceans.

Amount per dose	2 capsules
Carnipure® (L-carnitine tartrate)	2000 mg
- Of which carnitine	1360 mg

Carnipure® and the logo is a registered trademark of Lonza Ltd.

Recommended daily dose: 2 capsules

Dose per container: 30