

# BCAA ZOOM™

**HERO**★  
TECH NUTRITION

## DRINK POWDER AMINO ACID



UNFLAVORED

LEMONADE

CHERRY



## DESCRIPTION

**BCAA ZOOM™** is a compound of branched chain amino acids on powder with a ratio of 2: 1: 1.

The branched chain amino acids correspond to the acronym BCAAs.

These are composed of three amino acids such as Leucine, Isoleucine and Valine. The combination of these amino acids make up almost one third of the skeletal muscle.

BCAAs are ESSENTIAL amino acids, this means that the body itself can not synthesize by itself, for which they should be ingested externally through supplements food. The studies that exist up to have shown that BCAAs with ratio 2: 1: 1 provide a more anabolic effect and a better use.

Branched amino acids among their functions most important are stimulating the synthesis protein, helps delay fatigue and recovers Musculature avoiding muscle catabolism. It also inhibits the production of tryptophan that is the cause of raising serotonin levels, factor this last of the appearance of the fatigue.

Contains Vitamin B6 that contributes to metabolism of proteins and glycogen.

It is therefore essential to take a dose of **BCAA ZOOM™** right after training. The combination of this supplement with a dose of isolated protein Z90® will optimize and will greatly accelerate our recovery to prepare our body for the next hard training.



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UNFLAVORED



LEMONADE



CHERRY

## FLAVORS

Unflavored, Lemonade, Cherry

## INGREDIENTS

**INGREDIENTS - UNFLAVORED:** L-leucine, L-isoleucine, L-valine

**ALLERGENS:** May contain traces of **gluten, milk, egg, fish and crustaceans**.

**DIRECTIONS:** Mix a dose (5 g = 1/3 scoop) daily in 200ml of water. Take before, during or after training.

### NUTRITIONAL INFORMATION

#### BCAA ZOOM™ UNFLAVORED - Amino acids

Dose 5 g

L-Leucine .....2.50 g

L-Isoleucine.....1.25 g

L-Valine .....1.25 g

Recommended daily dose: 5 g (1/3 scoop). Dose per container: 80



### INGREDIENTS - FLAVOR LEMONADE:

L-leucine, L-isoleucine, L-valine, emulsifier (**soy** lecithin), flavor (lemon), lemon powder, acid (citric acid), colour (curcumin), sweetener (sucralose), vitamin B6 (pyridoxine hydrochloride).

**ALLERGENS:** Contains **soy**. May contain traces of **gluten, milk, egg and fish**. **DIRECTIONS:** Mix a dose (6 g = 1/2 scoop) daily in 200ml of water. Take before, during or after training.

### INGREDIENTS - FLAVOR CHERRY:

L-leucine, L-isoleucine, L-valine, emulsifier (**soy** lecithin), flavor (cherry), acid (citric acid), colours (beetroot red, anthocyanins), sweetener (sucralose), vitamin B6 (pyridoxine hydrochloride). **ALLERGENS:** Contains **soy**. May contain traces of **gluten, milk, egg and fish**. **DIRECTIONS:** Mix a dose (6 g = 1/2 scoop) daily in 200ml of water. Take before, during or after training.

### NUTRITIONAL INFORMATION

#### BCAA ZOOM™ LEMONADE AND CHERRY - Amino acids

Dose 6 g

L-Leucine .....2.40 g

L-Isoleucine.....1.20 g

L-Valine .....1.20 g

#### VITAMINS

Vitamin B6.....0.84 mg (60 %\*)

\*%VRN (Nutrient reference values)

Recommended daily dose: 6 g (1/2 scoop). Dose per container: 66

