

ALCAR

ACETYL L-CARNITINE

INCREASES COGNITIVE FUNCTION

HERO★
TECH NUTRITION



OXIDATION FATTY ACIDS

DESCRIPTION

ALCAR is a food supplement based on N-acetyl L-carnitine which is an ester of the trimethylated amino acid, L-carnitine, and is synthesized in the human brain, liver and kidney by the enzyme ALC-transferase. **ALCAR** consists of L-carnitine that is responsible for the oxidation of fatty acids in the mitochondria where it releases energy and acetyl that facilitates the uptake of acetyl Coenzyme-A, increases the production of acetylcholine and stimulates the synthesis of proteins and phospholipids of membrane.

ALCAR is superior to L-carnitine in terms of bioavailability because it crosses the blood-brain barrier more quickly. It can help normal cognitive function by contributing to the support and maintenance of brain function.

ALCAR decreases glucose consumption in favor of the oxidation of fatty acids in non-diabetics.

DIRECTIONS

Take one daily dose (2 cápsulas)

INGREDIENTS

N-acetyl L-carnitine hydrochloride, capsule [glazing agent (hydroxypropyl-methyl-cellulose), colour (titanium dioxide)], maltodextrin, anti-caking agents (magnesium salts of fatty acids, silicon dioxide). **WARNINGS:** Store in a cool, dry place. Heat and sunlight may damage the bottle. Keep out of the reach of children. Use this product in conjunction with food as part of a healthy, balanced diet, not as a substitute for such. Don't exceed the recommended daily dosage. May contain traces of **gluten, milk, egg, soy, celery, sulphur dioxide, sulphites, fish, molluscs and crustaceans.**

PRESENTATION

90 capsules

NUTRITIONAL INFORMATION

Amount per dose.....	2 capsules
N-acetyl L-carnitine hydrochloride.....	1000 mg

Recommended daily dose: 2 cápsulas.

Dose per container: 45